

Russ Thompson, President russ.thompson@roadmastergroup.com

BACK TO NORMAL

Welcome to a mask free Summer! (hopefully)

I never thought that walking into a store without a mask would put a smile on my face. But it did! It was damned near exhilarating.

The last year and half took us places that we never thought we would go. We started with the anxiety and fear of wondering how bad it was going to get.....and it got bad. Then we all settled into our new masked up normal, with most things we loved to do being shut down or heavily restricted. What a relief it is to see the light at the end of the tunnel!

I for one, am excited to move on and get back to normal and I want to thank all of our drivers for braving the storm and being out in the unknown. I also want thank all of our technicians who were on the front line and continued doing the amazing work they do keeping our equipment running. Lastly, I want to thank our office staff for the amazing job they did keeping everything running.

Like every major crisis, there are always a few good things that come out of it. As American citizens watched the shelves go bare at their local stores, they gained a new and much needed appreciation for the men and women driving those trucks. The Corona virus made us painfully aware of how fragile our economy is, and how quickly it grinds to a halt if these brave men and women stopped delivering the goods.

I am also so grateful that we live in a time, and a country, where we can develop a vaccine in record time, and we can vaccinate millions of people in record time.

As we approach our country's 244th Birthday on July 4th, we should all pause and think about what makes our country so great. It is our freedoms, our hard working and resilient citizens, and the opportunities that this great country offers to eve-

ryone. Is it perfect? No. Can we get better? Yes.

If you want to see how great America is take a break from social media, go to the beach, a park, a concert, or sporting event, and there you see the true America. A place where friends and families from all walks of life are having fun together, supporting each other, and doing what we all do best, and that's making a great country so future generations have the same opportunities that we did.

I hope everyone has a great summer, thanks for all you do.

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This time of year is typically spent celebrating students of all ages as they graduate onto their next endeavor. A lot of graduations have a different look this year due to the pandemic, but the occasion has not lost its significance. Graduations are a time to celebrate the hard work and dedication students put into their education.

And as you begin the next chapter in your lives, we wish you all of the luck and many more years of continued great success!!!

congratulations to our Roadmaster Group Family 2021 graduates p



Evan M. Schaumberg Ann and Danny Dubois' son 2021 Raymond S. Kellis High graduate Pursuing the Navy



Tyler Gossett
Tina Gossett's son
2021 Pitt State graduate
Attending UMKC in the fall for
Dentistry School.



Tanner Norred Ginger and Daniel Norred's son 2021 Louisiana Tech University graduate Bachelor in Arts/Communication degree



Henry E. Anger, III
Henry Anger's son
2021 Webb City High School Magna Cum Laude
Attending Drury University in Springfield, MO



Kaydence Lee Prater Kim Wilkerson's granddaughter Avilla R-1 Kindergarten graduate



Ethan Musgrave
Lynn Cummins' grandson
2021 Maya High School graduate

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CONGRATULATIONS -ON YOURGraduation



Attending Florida Gulf Coast University in Ft. Myers, FL



Arianna Jeric Kera Jeric's bonus daughter 2021 Strongsville High School graduate Attending Bowling Green University in OH

Dylan Gerry Kara Jeric's son 2021 North Royalton High School graduate



McKenzie Goad Ruth Goad's granddaughter 2021 Welch High School graduate



Samantha Carlton Tracy Carlton's daughter 2021 Carl Junction High School graduate Valedictorian Attending the University of Central Oklahoma Double Majoring in Forensics and a complimentary major



Santiago Daniel Castro Tanika Aquino's nephew 2021 Trevor G. Browne High School graduate **JROTC**



Cody Broyles Martha and Timothy Barnes nephew 2021 Davis Elkins College graduate Double major-BS-Comp Sci, AS-Business



Eva Rikki Delgado Clara Flores' daughter 2021 Canyon Breeze Kindergarten graduate

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CONGRATULATIONS -ON YOURGraduation



Shelton Larance
Frank Larance's son
2021 Centennial High School graduate
Attending Glendale Community College
Pursuing Degree in Robotics Engineering



Joey Wimberley Terri Wimberley's son 2021 Joplin High School graduate

A+ Scholarship Program, Project Lead the Way Engineering, Tri-M Music Honor Society, National Society of High School Scholars

Attending Crowder College, Major-Alternative Energy/Solar AAS Degree



Landon Sonnichsen
Abbie Sonnichsen's son
8th grade Sierra Verde STEAM Academy
graduate



Chloe Nicole Fontenot Sharon Fontenot's granddaughter El Mirage Elementary School Kindergarten graduate



Tiffani Barnett
Kai Weary's niece
2021 San Francisco State University graduate
Bachelor's Degree in Political Science
Working toward her Master's in Criminal Justice
#Future Attorney



Caleb Sonnichsen Abbie Sonnichsen's son 2021 Mountain Ridge High School And West-MEC Technical School graduate

RACTER: WHO WE ARE ON THE IN

I believe it is a normal human desire to be concerned about how we look on the outside. There's nothing wrong with that. What can get us in trouble is worrying more about how we look on the outside than about how we really are on the inside. Our reputation comes from what others believe about our outside. Our character represents who we are on the inside. And the good news is that if you focus on being better on the inside than the outside, over time you will also become better on the outside. Why do I say that?

The Inside Influences the Outside.

lieve really matters. the outside as well as the inside. provide the foundation for growth.

Inside Victories Precede Outside Ones.

the impact of positive attitude and of care on the outside with a heart take responsibility for changing." hope on healing. What we be- of hatred or contempt on the inside When we fail to make the right char-We reap will not bring lasting peace. Consoul, it changes who you are on first-with solid character traits that

Our Inside Development Is **Totally within Our Control.**

More than twenty-five hundred If you do the things you need to do We often cannot determine what years ago, the Proverbs writer when you need to do them, then happens to us, but we can always noted that as we think in our someday, you can do the things determine what happens within hearts, so we become. That an- you want to do when you want to us. Jim Rohn said, "Character is a cient idea has been both echoed do them. In other words, before quality that embodies many imby other wisdom writers and con- you can do, you must be. [...] The portant traits such as integrity, courfirmed by modern science. Coach- right motions outwardly with wrong age, perseverance, confidence, and es teach the importance of visuali- motives inwardly will not bring last- wisdom. Unlike your fingerprints that zation for winning. Psychologists ing progress. Right outward talking you were born with and can't point out the power of self-image with wrong inward thinking will not change, character is something that on people's actions. Doctors note bring lasting success. Expressions you create within yourself and must

what we sow. What we do or ne- tinual growth and lasting success acter choices within us, we give glect to do in the privacy of our are the result of aligning the inside away ownership of ourselves. We daily lives impacts who we are. If and outside of our lives. And get- belong to others—to whatever gains you neglect your heart, mind, and ting the inside right must come control of us. And that puts us in a bad place. How can you ever reach your potential and become the person you can be if others are making your choices for you?



Doug Firebaugh, author and multi-level marketing expert, says, "Winning in life is more than just money...it's about winning on the inside...and knowing that you have played the game of life with all you had...and then some." [...].



~ Borrowed from Leadership Wired Blog by John Maxwell



- 1. The Declaration of Independence was not signed on July 4, 1776. That's actually the day it was formally adopted by the Continental Congress, but it wasn't signed by most signatories until August.
- 2. Not everyone was on board with celebrating on July 4, the day Congress approved the Declaration.

 John Adams wanted to celebrate on July 2, the day Congress voted for independence.
- 3. Three presidents have died on July 4: Thomas Jefferson, John Adams, and James Monroe. In a bizarre twist of fate, Adams and Jefferson both died on July 4, 1826, the fiftieth anniversary of the country they helped found.
- 4. Americans typically eat 150 million hot dogs on Independence Day, "enough to stretch from D.C. to L.A. more than five times," according to the National Hot Dog and Sausage Council.
- 5. Independence Day became a federal holiday in 1870.
- 6. Small towns in the U.S. typically spend between \$8,000 and \$15,000 on their fireworks displays.
- 7. Fireworks have been a major part of Fourth of July since the earliest celebrations. In 1884, miners blew up the post office in Swan, Colorado, because it wasn't supplied with fireworks.
- 8. With many fireworks shows canceled in 2020 due to COVID-19, the American Pyrotechnics Association is asking for financial help from Congress to keep family-run fireworks businesses afloat.
- 9. Americans spend more on beer on the Fourth of July than any other national holiday.
- 10. George Washington supposedly celebrated America's independence by giving double rations of rum to his solders in 1778.

Information provided by: www.businessinsider.com www.parade.com Whenever and wherever Soldiers, Sailors, Airmen, Marines and Coast Guardsmen are deployed, SDDC (Military Surface Deployment and Distribution Command) is involved in planning and executing the surface delivery of their equipment and supplies. The Command also partners with the commercial transportation industry (that's us!) as the coordinating link between DOD surface transportation requirements and the capability industry provides.

Donnie Lester, our Vice President of Safety, received the below SDDC Quarterly Newsletter regarding the topic of the "Panic Button" and wanted to share this as it is extremely important and relevant to our business.



QUARTERLEY NEWSLETTER

March 2021

When Must Drivers Use the Panic Button?

As stated in the Military Freight Traffic Unified Rules Publication-1 (MFTURP-1,) transportation service providers (TSP) drivers are required to activate the panic button to report all accidents, serious incidents, and emergencies to the Defense Transportation Tracking System (DTTS) team immediately, and follow up by telephone as soon as possible. If the driver/driver team is injured or incapacitated during an incident, the TSP dispatcher should immediately notify DTTS of the incident by phone.

What is an emergency?

Appendix D of the MFTURP-1 defines an emergency as "any situation that would prevent a shipment from safely and securely reaching its destination, such as undue delay caused by a force majeure circumstance. Any "situation" associated with in transit DoD Arms, Ammunition, and Explosives (AA&E) or Other Sensitive Material that endangers the material itself, the public, the transporting TSP's personnel/equipment/facilities, or threatens national security due

to potential loss or loss of Ordnancerelated, highly sensitive technology. The broad term "situation" is intended to include, but not be limited to, accidents, fire, hijacking, theft, civil disturbance, equipment failure, labor strikes, natural disasters, and threatened or real attack."

What is an accident?

DoD accidents, as described by the SDDC Safety Office, are not necessarily the same as DOT accidents defined in 49 CFR 390 5

DoD accident examples include, but are not limited to:

- · Hitting a deer or debris
- Minor fender bender, such as trading paint or rubbing another vehicle
- A stray rock flies up and cracks the windshield
- · Sliding off the side of the road
- Getting stuck in a snow bank and requiring a tow truck to be pulled out
- Getting stuck in a ditch after sliding off the road
- Fire; hitting another vehicle or a pedestrian; or being hit by another vehicle

These types of accidents may also be referred to as serious incidents. DTTS records data on all accidents and serious incidents as well as emergencies. All of these situations warrant the use of the panic button as identified in the MFTURP-1.

continued on next page



When Must Drivers Use the Panic Button?

What happens when a driver activates the panic button?

When a driver activates the panic button, DTTS will immediately contact the carrier dispatch to find out incident details. The DTTS operator will ask for the Net Explosive Weight (NEW) for any commercial shipments on board. Additionally, dispatchers will be asked to provide the hazard classification, explosive description, and United Nations (UN) ID for any commercial shipments to ensure first responders are aware of all hazards.

Why are panic buttons important?

Panic button alerts take over all DTTS operator screens until an action is taken. A panic button alert automatically opens a DTTS Emergency Report with prepopulated information about the tractor, trailer, carrier, and shipments onboard. The Emergency



Report provides operators with the nearest emergency service (police and fire) as well as military installation for each Service (Army, Navy, Air Force, Marines), which saves time in emergency situations. The Emergency Report also includes a mapping system that displays the exact location of the tractor.

How often are DoD AE carriers using the panic button?

Over the past two years (January 1, 2019 to December 31, 2020), drivers

· Equip each driver with a remote

panic button along with one receiver

per vehicle. Drivers will report an

emergency by pressing the vehicle's

panic button or the driver's remote

35%

Drivers correctly activated the panic button in only 35% of accidents and incidents* involving a DoD shipment that required SNS.

*JAN 1, 2019-DEC 31, 2020

correctly activated the panic button in only 35% of accidents and incidents involving a DoD shipment that required Satellite Motor Surveillance Service (SNS). Using the panic button is not only required, but also prompts a fast and appropriate incident response to help ensure everyone's safety. Make sure drivers know that if they are involved in an accident, incident, or emergency situation while hauling DoD cargo that requires SNS, activating the vehicle or driver panic button is one of the first things they should do.

Panic Button Requirements

Below you'll find requirements related to the use of panic buttons, along with references to where they can be found in the MFTURP-1.

TSPs are required to:

- Report accidents and serious incidents to DTTS immediately by pressing the panic button and following up with DTTS via telephone as soon as possible. (Item 78)
- panic button. The vehicle's panic button shall be located within easy reach of the driver, and the remote panic button shall be located in each driver's possession. (Item 111)

 Ensure the SNS monitoring station (dispatch) is continually manned by a qualified individual capable of providing immediate assistance in response to an emergency or
- (dispatch) is continually manned by a qualified individual capable of providing immediate assistance in response to an emergency or DTTS inquiry. Note that unless the vehicle is in an authorized, protected environment (i.e., military installation/facility), SNS equipment installed on the vehicles, including the panic button, will provide 24-hour uninterrupted service. (Item 111)
- Carriers must test the vehicle's panic button upon initial registration with DTTS, and for any other reason that

- would cause the vehicle to have to re-register with DTTS (for example, if the unit stopped working). (Item 111)
- If a driver needs to test a panic button, a "U" status message shall be sent to DTTS at least 20 minutes prior to testing. Driver/dispatch will call DTTS at the contact number provided in Section A, VIII, Table 1 prior to testing. (Item 111) 6



For more information, contact the SDDC Safety office:

usarmy.scott.sddc.mbx.safety@mail.mil

Military Surface Deployment and Distribution Command

1 Soldier Way, Bldg 1900W Scott AFB, IL 62225

https://www.sddc.army.mil/Pages/ default.aspx

SDDC SAFETY SPOTLIGHT | MARCH 2021

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FFICETERWINAL STAFF ANNIVERSA APRIL - JUNE 2021

43 YEARS

Annette Merriman

26 YEARS

Robert Finch

24 YEARS

Twyla McDermott **Ruth Goad**

21 YEARS

Tommy Sofia

25 YEARS

18 YEARS

Choya Wells Brett McConnell

14 YEARS

16 YEARS Kara Jeric

Tonya Clark **Nancy Reiter** Brian Markosian

17 YEARS

Kay Dority

11 YEARS

Jacqueline Fales **Heather Fales**

7 YEARS

Jake Dooling Michael Fisk Yolanda Navarro

13 YEARS

Daniel Garcia

Carrie Cornwell

9 YEARS

4 YEARS

10 YEARS

David Jenner

6 YEARS

Michael Shear Joshua Pearson **Henry Anger** Wade Fackrell Jordan Eakins **Kimberly Scott**

5 YEARS

Ray Morales Stephen Howerton Nathan Derrick

2 YEARS

Sharon Fontenot John Jones Kathy Allen **Jacob Robins**

3 YEARS

Timothy Cox Treune Nick Delmonte



COMPANY-DRIVER-AND-OWNER-OPERATOR ANNIVERSARIES APRIL - JUNE 2021

We want all of our Drivers, both company and owner operators to know that we appreciate everything you do for us and value all of your years of service with us. However, if you are a company Driver and switch to an owner operator or vice versa, your anniversary date will not show your total years, thus causing your name to not appear on this list correctly. So, if you are not on this list and you should be, or you shouldn't be and you are, we apologize!!

22 YEARS

Christopher Aregood

29 YEARS

Martha Dodd

26 YEARS

John Jerrell

19 YEARS

Lloyd Davis

12 YEARS

William Park Sherry Park

10 YEARS

Dellmas Richards Robyn Roberts Timothy Roberts

13 YEARS

David Hendrix Jo Hendrix Gregory Meredith

11 YEARS

Melissa Brindle Ryan Brindle

9 YEARS

George French Jeffrey Leavitt **8 YEARS**

Kenneth Aston
Katina Aston
Michael Markle
Jorge Rodriguez
Rose Bates
Jolene Cushenbery
Darrel Cushenbery
Moses Lawrence Jr.
Kathleen Borell
Beryl Paffrath
Keith Ashline

7 YEARS

Michael Osborn Douglas Brashear Jr. Mark Hatstat

6 YEARS

Alice Breaux Edward Breaux Thomas Cormier Valeriano Josue Roberto Bravo Robert Brewer Joni Brewer



MPANY DRIVER AND OWNER <u>OPERATOR ANNIVERSARIES</u> APRILEJUNE

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4 YEARS

Hermenehelda Erice Migual Escalante Michael Harrelson Anthony Redden **Donald Streeter** Leon Vela Mary Valenzuela

Hollyce Edwards Dennis Edwards Jose Vasquez

Joe Bullock Sabrina Godwin Scottie Godwin Jr. **Eugene Dozier Andrew Strode**

Laura Heggins-Strode **Gerald Evans** Dianna Evans Quacoo Danso John Wright Susie Wright Marcus Herron Herbert Brown

5 YEARS

Edward Howell Carol Meeks-Howell **Douglas Coss** Norman Goldman Kirk Dultmeier **Beverley Dultmeier Delores Edwards** Richard Flynn

3 YEARS

Salvador Lara **Anabel Lara** Larry Knowlton Carla Preston Linda Cantu Carmen Cantu James Bell William Bell **Gregory Lawrence** Yvette Lawrence **Geoffrey Nielsen** Michael Sobieski

Benjamin Love Phillip Griffith **Ray Poland Ruth Bruner Gary Bruner** Lamonte Hartage Mark Sain Sheri Greene Shervl Hirschmann Marc Hirschmann Alan Avze

2 YEARS

Harden Martin **Scott Combs** Joseph Prescott Harold Tafova Richard Griego Sergio Nino Jose Nino **Anne Biron** Mark Hamby **Inbok Choi Terry Pratt**

Stanley Davis Jr. Katherine Sigismondi Edward Metcalfe Melissa Metcalfe Lozono Strawther Amanda Young Dino Fabris **Todd Klinefelter** Elliot Deherrera Terri Tracv Leticia Cronin **Justin Yeary** Mark Prescott

Kimberly Prescott **Jeffrey Lowery Mark Young** Vitaliy Tsarevskiy Elena Tsarevskiy James Carel

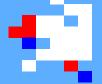


1 YEAR

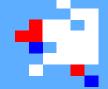
John Williams

Mark Sullaway Nathaniel Allfie Steve Rush **Kathrine Chromy Donald Chromy Charles Wilson Ginger Norred Daniel Norred** Bertha Tumblin **Darell Moore** Valerie Mason **Seth James** Shaun Horne Jeremiah Thibeau **Donise Thibeau Bryan Baker Edward Buza** Katybeth Clark **Shawn Clark Timothy Nickelson** Patricia Nickelson Todd McCall Sr. **Heather Anderson** Stephen Heck Michael Easley **Paul Brown**

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- Access MDLive
- Use the BCBS link to find a provider and estimate your cost for services

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BY: Terri Wimberlev

URRICANES **CYCLONES YPHOONS**



The normal season for Tropical aside by more warm air rising Storms is generally May to November. These storms are given the Southern Hemisphere they different names depending on rotate clockwise. In the Northwhere they appear. **Hurricanes** are tropical storms that form over the North Atlantic Ocean and Northeast clone, or typhoon when winds Pacific. **Cvclones** are formed over the South Pacific and Indi-Ocean. **Typhoons** formed over the Northwest Pacific Ocean. -www.bbc.co.uk/ newsround

Air rises quickly when it is heated by warm sea water. As it cools down again, it is pushed

below it and begins to rotate. In ern Hemisphere they rotate counterclockwise. The tropical storm becomes a hurricane, cyexceed 74 miles per hour. Strong winds can whip up huge waves that can reach land and flood large areas. These winds, when reaching land, can damage buildings and all property in its wav.

-www.weatherunderground.com

Hurricanes have been given category numbers based on sustained wind speed and estimated potential property damage. Category 1 is 74-95 mph, Category 2 is 96-110mph, Category 3 is 111-129 mph, Category 4 is 130-156 mph, Category 5 is 157mph & higher. There are no other categories at this time, but it has been discussed going up to Category 7 that would have wind speeds exceeding 210mph. www.nhc.noaa.gov





By: Terri Wimberley, Safety terri.wimberley@roadmastergroup.com

The Great Multitasking Lie

PEALITY

MYTH #1 Drivers can multitask

REALITY

The human brain cannot do two things at the same time – like watch TV and hold a phone conversation.





The same is true when driving and talking on your phone.

The brain switches between the two tasks which slows reaction time.

BOTH TAKE CONCENTRATION



MYTH #2 Talking on a cell phone is just like speaking to a passenger

REALITY

Adult passengers are also copilots. They can alert drivers to traffic problems and help avoid crashes.





People on the other end of phones can't see what's going on!

MYTH #3 Hands-free phone calls are safe while driving

REALITY

Drivers talking on cell phones can miss seeing up to 50% of their driving environments, including pedestrians and red lights.



SAFETY MATTERS

The Great Multitasking Lie (Cont'd)

Versus REALITY

MYTH #4 I only use my phone at stoplights so it's OK

REALITY

Even at stoplights, it is important to remain an attentive driver. For example, a AAA study shows that people are distracted up to 27 seconds after they send a voice text.



MYTH #5 Voice-to-text is safe while driving

REALITY

Voice-to-text is even more distracting than holding your phone.

You're mentally distracted by composing the message and visually distracted by common autocorrect errors.



I miss you and hope to see you loon Sending text to Amoré Pizza

GET YOUR FREE MATERIALS AT: nsc.org/justdrive



Sources: National Highway Traffic Safety Administration, University of Utah, The AAA Foundation for Traffic Safety, National Safety Council.

900015212 0219 © 2019 National Safety Cou

4TH OF JULY RECIPE

JALAPENO POPPER BEER CAN BURGER

Ingredients

- 1 & 1/2 lb ground chuck
- 2 tbsp Moore's Original Marinade
- 1 beer can, 24 oz
- 2 fresh jalapenos, chopped
- 1 cup cream cheese, at room temp
- 4 oz sharp white cheddar, shredded or chopped
- 4 oz Black Forest ham, chopped
- 2 splashes Worcestershire sauce
- 4 burger buns, toasted
- 1 cup buttermilk
- 3/4 cup sour cream
- 1 handful fresh cilantro, chopped
- 1 lime, juiced
- 1 tbsp sea salt, more to taste

Instructions

- 1. Preheat oven to 400 degrees.
- 2. Combine ground chuck and marinade, and form into 4 burgers, reserving enough beef to form a cap (or small, thin burger) for each burger.
- **3.** With the bottom of the beer can, smash the can in the middle of each, forming a well in the center, and wrap the meat mixture around the bottom of can.
- **4.** Combine chopped jalapenos, cream cheese, white cheddar, ham, and Worcestershire. Divide equally and place in each burger "well".
- **5.** Top with smaller burger, making a "cap" and pinch to seal.
- **6.** Add burgers to a large oven safe pan over medium high heat, splash each with Worcestershire and sear on each side for 1-2 minutes to brown.
- **7.** Grill or smoke it These on the smoker are AMAZING!
- **8.** Combine buttermilk, sour cream, cilantro, lime juice and salt in a jar and shake it.
- **9.** Serve burgers with sauce on a toasted bun.



